

Resources for Continued Study on Issues of Racism and Social Justice:

- https://www.presbyterianwomen.org/what_we_do/work-for-justice/
- **NEXT Church** is a network of leaders — church members, ruling elders, youth leaders, educators, pastors, seminarians and professors — across the Presbyterian Church (USA) who believe the church of the future will be more relational, more diverse, more collaborative, more hopeful and more agile. They sponsor and publish all kinds of materials and seminars for use in fighting racism.
<https://nextchurch.net/resources/>

Other suggestions:

- **Just Mercy** - book and movie by Bryan Stevenson. Excellent true stories about black men who were innocent, but found guilty and incarcerated.
- **Equal Justice Initiative** - nonprofit legal assistance group, working on getting innocent prisoners released. Bryan Stevenson works there.
- **The Hate you Give** by Angie Thomas. A book and movie
- **13th** – A documentary about racism and white supremacy. The 13th Amendment to the Constitution freed the slaves. (This one is an eye-opener!)
- **Blindspot: Hidden Biases of Good People** by Mahzarin R Banaji
- **They Called us Enemy** by George Takei

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Resources for further study and engagement with the practices of mindfulness and meditation:

- **Practicing Mindfulness** by Mathew Socklov
- **The Book of Joy** by Dalai Lama & Desmond Tutu
- **Peace is Every Step** by Thich Nhat Hanh
- **Glory Happening** by Kaitlin Curtice
- **The Mindful Christian-Cultivating a life of Intentionality, Openness and Faith** by Dr. Irene Kragel
- <https://www.themindfulchristian.com/>
- **Right Here Right Now: The Practice of Christian Mindfulness** by Amy G. Ode
- **How to Be a Mindful Christian: 40 Simple Spiritual Practices** by Sally Welch

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**To Continue working with Kay Sidahmed and
to learn more about her classes, workshops, and retreats, please visit:**

www.easeyogacafe.com

<https://www.rhysandrei.com/shanti>

To connect with Lara Shari Brodsky, please visit:

<https://awakeningvibration.com>

<http://larabrodsky.com>

Instagram @awakeningvibration

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NCP FALL GATHERING Registration and Offering Information

- PayPal link: Link to the Offering PayPal Money Pool:
<https://www.paypal.com/pools/c/8sT0LZw85n>
- Link to the Gathering Registration PayPal Money Pool:
<https://www.paypal.com/pools/c/8sSi5imhxR>
- Mail a check payable NCP-PW to Treasurer June Eakin,
13221 Glenhill Rd., Silver Spring, MD 20904

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For more information about NCP PW Events or to contact us, please visit:

<https://www.presbyterianwomenncp.org/>